## PERFORMANCE WERMENT

MODERATOR Lizette Cazellet

President FORMATIC Santé association





## CO-CONSTRUCTION OF A DIGITAL/HUMAN EMPLOYMENT SUPPORT PROGRAMME

Clara Falala-Séchet

AsperTeam (Paris, France)

AsperTeam is a social entreprise whose mission is to facilitate access to (sustainable) employment for people with autism. To this end, we are working with a group of users and caregivers to develop a connected device that aims at compensate two difficulties related to disability: 1) altered perception of stress; 2) difficulties in communication and interaction. The device consists of a stress level detecting bracelet coupled to a mobile application characterized by a platform with digital and human resources. Our project consists also in creating a platform of resources created by the users themselves (videos of exchanges of good practices between professionals with autism) aimed empowering the users.

## VIRTUAL REALITY FOR HELPING CARERS

Jean-Pierre Korwin Zmijowski

EPS Barthélemy Durand (Etampes, France)

Barthelemy Durand hospital offers since September 2014 a patient education (EP) program toward patients with schizophrenia and their carer. The program has been created with UNAFAM (the National representatives of carers in mental health). It offers height different workshops alternating, including one dedicated to carer that is co-lead by a member of UNAFAM. Under the initiative of head of the nursing school, who has experience in healthcare simulation, we gathered for the present project: the nursing school with its university support (hospital-university of Kremlin-Bicêtre), the EP team with the UNAFAM partnership. We seek to use VR to put carers in possible situations, study their possible reactions and look with them for the best strategies to adopt. Three scenarios will be developed to be used by the carers workshop, the student nurses, and also the patients of the workshop "Live with the disease", to allow them to better understand their close ones reactions. This project matches at least two themes of the CCOMS days, if not three. Indeed, participation of the users and carers to our PE program modified our hospital policies, with eg the idea of creating a social rehabilitation unit combining cognitive mediation therapy and PE. With this project, our UNAFAM representative will participate to the teaching in the nursing school and to research involving VR in mental health. Last, the project would increase the use of e-health solutions by patients and carers.